



Parish Discernment Session #6: Transformation in Christ Handout for those who cannot attend the group gathering

I. Opening Prayer

Lord Jesus, we come together as Your Body to submit to You as the Head of the Body. Send Your Holy Spirit to soften our hearts, to detach us from our own opinions, to help us to encounter You in prayer, to inspire our conversations, to help us to hear Your will for Your Body, and to guide us into deeper communion in You through our time together. Remove any obstacles or barriers that stand in the way of these things, and send Your holy angels to protect us during our time together.

Blessed Carlo Acutis, pray for us! St. Thérèse, pray for us! Our Lady of Guadalupe, pray for us! Come, Holy Spirit!

II. Ask the Lord

A. Guided Meditation - Spend a few minutes reflecting on each of the following points:

- Jesus made me for communion with Himself, with the Father, and with the Holy Spirit.
- Jesus draws me to Himself in the sacraments and pours His life into me.
- The grace from the Eucharist and the other sacraments is intended to keep me close to Jesus in every aspect of my life. If that does not happen, it is because I have not opened myself to that grace.
- *Pray in these or your own words:* "Jesus, help me to encounter you in the Eucharist and to live my life in You."

B. Ask the Lord these questions:

- 1. How do You want to act in the lives of the children of our parish?
- 2. What words do You have for us to guide the preparation of our children for the sacraments?

3. In keeping with the Little Way (doing little things with great love), what one action are You prompting *me* to do that will help our children be transformed by their preparation for and reception of the sacraments of First Reconciliation, First Holy Communion, and Confirmation so that they want to continue to grow in their Faith?

III. Praise and Thanksgiving

A. Divine Mercy Chaplet

Pray the Divine Mercy Chaplet as normal but with the following prayers preceding the appropriate decade.

1. First Decade: Heavenly Father, through Your Son, Our Lord, Jesus Christ, we ask for Your mercy upon our clergy, *(name your pastor, other priests, and deacons).* For each decade:

V. Eternal Father, we offer you the Body and Blood, Soul and Divinity of Your dearly beloved Son, our Lord Jesus Christ

R. in atonement for our sins and those of the whole world.

(x10) V. For the sake of His sorrowful Passion

R. have mercy on us and on the whole world.

- **2. Second Decade:** Heavenly Father, through Your Son, Our Lord, Jesus Christ, we ask for Your mercy upon all the parishioners of our parish, *(name your parish)*.
- **3. Third Decade:** Heavenly Father, through Your Son, Our Lord, Jesus Christ, we ask for Your mercy upon those in our parish who have fallen away from the practice of their Faith.
- **4. Fourth Decade:** Heavenly Father, through Your Son, Our Lord, Jesus Christ, we ask for Your mercy upon all who live within our parish boundaries.
- **5. Fifth Decade:** Heavenly Father, through Your Son, Our Lord, Jesus Christ, we ask for the mercy of the children of our parish having deep relationships with You throughout their lives.

B. Spontaneous prayer of thanksgiving for one another

Pray a prayer of thanksgiving for anyone who has come to mind during this process.

C. A Prayer for Eucharistic Revival

Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. Amen.